

December 2020 Meal Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
W30 = Whole30 P = Paleo V = Vegan K = Keto LC = Low Carb SC = Slow Cooker	GF = Gluten-Free GGF = Gluten & Grain free DF = Dairy Free NF = Nut Free SF = Soy Free SGF = Sugar Free	1 Creamy Tomato Tortellini Soup	2 SC Easy Crock Pot French Dip Sandwiches	3 Squash, Apple and Warm Lentil Salad	4 Cornbread Topped Skillet Chili	5 Creamy Butternut, Bacon and Leek Pappardelle
6 SC Slow Cooker Beef Tips & Rice	7 Smothered Baked Chicken Burritos	8 Cheesy Baked Ziti Green Salad	9 SC Crockpot BBQ Bacon Ranch Chicken	10 Lasagna Soup	11 Quinoa with Carmelized Butternut Squash & Roasted Brussels Sprouts	12 Creamy Salmon Bake
13 SC Slow Cooker Stroganoff with Cream Cheese	14 Gnocchi Gratin with Gorgonzola Dolce	15 Roasted Eggplant Salad with Smoked Almonds & Goat Cheese	16 SC Slow Cooker Beef Vegetable Stew	17 Creamy Bacon Mushroom Thyme Chicken	18 Late Winter Recipe: Beef Goulash	19 Roasted Carrot Salad with Hummus Vinaigrette
20 SC Slow Cooker Salisbury Steak Recipe	21 Roasted Vegetable Stuffed Shells	22 Sheet Pan Maple-Dijon Chicken with Butternut Squash & Brussels Sprouts	23 SC Slow Cooker Short Rib Sauce with Bucatini	24 Winter Squash Soup	25 Merry Christmas! SC Glazed Ham & Honey Roasted Butternut Squash w/ Cranberries & Feta	26 Winter Squash Carbonara with Pancetta and Sage
27 SC Crock Pot Orange Chicken	28 Chicken and Herb Dumplings	29 Winter Pomegranate Salad with Maple Candied Walnuts	30 SC Cheesy Potato Soup	31 Sweet & Spicy Cranberry Meatballs Or try these NYE Appetizers		

Breakfast Options:

- * [Gingerbread Baked Donuts](#)
- * [Pomegranate Orange Scones](#)
- * [Apple Cinnamon Crepes](#) (V, GF)
- * [25 Cinnamon Roll Recipes](#)
- * [50 Slow Cooker Breakfast Recipes](#)

Snack Options:

- * [Winter Wonderland White Chocolate Popcorn & Snack Mix](#)
- * [S'mores Snack Mix](#)
- * [85 Amazing New Years Appetizers](#)
- * [175+ Snacks Kids Will Love](#)

Lunch Options:

- * [Homeschool Lunches Made Easy](#)
- * [30+ Quick & Easy Lunch Recipes](#)
- * [150+ Gluten-Free Lunch Ideas](#)
- * [39 Mason Jar Salad Recipes](#)
- * [Fall & Winter Grilled Cheese Recipes](#)

Dessert Options:

- * [Christmas Candy Ideas to make with your Kids](#)
- * [29 Delicious Fudge Recipes](#)
- * [55 Sweet Gingerbread Recipes](#)
- * [25 Classic Holiday Treats](#)